

PDPA policy sample – Out of Disorders

Privacy Policy

Effective Date: 19 August 2025

Last Updated: 19 August 2025

outoforderdisorders.com (“we”, “our”, “us”) respects your privacy and is committed to protecting your personal data in accordance with the **Personal Data Protection Act 2010 of Malaysia** (“PDPA”) and applicable international data protection laws, including the **EU General Data Protection Regulation (GDPR)**.

By creating an account, posting content, or otherwise using our forum, you agree to the collection, use, and disclosure of your personal data as described in this policy.

1. Data We Collect

When you sign up for our forum, we may collect:

- **Account Information:** Username, email address, password, profile photo, bio.
 - **Forum Activity:** Posts, comments, private messages, likes, reports.
 - **Technical Information:** IP address, browser type, device identifiers, cookies.
 - **Optional Information:** Any personal data you voluntarily share in your profile or posts.
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2. How We Use Your Data

We process your personal data to:

- Create and maintain your account.
 - Provide access to our forum and its features.
 - Moderate discussions and enforce community rules.
 - Communicate important updates and security alerts.
 - Improve site performance and user experience.
 - Comply with legal obligations.
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3. Legal Basis for Processing

We process your data under one or more of the following:

- Your **consent** (e.g., for marketing emails).
 - **Contractual necessity** (e.g., to provide your account and forum access).
 - **Legitimate interests** (e.g., to maintain a safe community).
 - **Legal obligations** (e.g., responding to lawful requests by authorities).
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4. Data Storage & Retention

- Your personal data will be stored securely in servers located in Kuala Lumpur, Malaysia.
 - We retain your data only as long as necessary for the purposes outlined, or as required by law.
 - Inactive accounts may be anonymised after **365 Days** of inactivity.
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5. Data Sharing & International Transfers

- We do not sell your personal data.
 - We may share limited data with:
 - Service providers (hosting, security, analytics) under strict confidentiality.
 - Law enforcement, if legally required.
 - If your data is transferred outside Malaysia, we ensure it is protected with **adequate safeguards** in line with PDPA and GDPR requirements.
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6. Your Rights

Under the PDPA and applicable international laws, you may:

- Access the personal data we hold about you.
- Request corrections or updates to your data.
- Withdraw consent for data processing.
- Request deletion of your account and personal data.
- Request to export your data in a machine-readable format.

Requests can be sent to query@outoforderdisorders.com

7. Cookies & Tracking

We use cookies and similar technologies to:

- Keep you logged in.
- Remember your preferences.
- Analyse site usage.

You can manage cookies via your browser settings.

8. Security Measures

We take reasonable and appropriate measures to protect your data, including:

- SSL encryption for data transmission.
 - Secure password hashing.
 - Regular security audits and updates.
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9. Third-Party Links

Our forum may contain links to third-party sites. We are not responsible for their privacy practices.

10. Updates to This Policy

We may update this policy from time to time. Significant changes will be notified via email or a notice on our site.

Contact Us:

For any questions or privacy-related requests, contact our Data Protection Officer:

 query@outoforderdisorders.com